



Systemic Constellation Workshop

**Finding insights to the issue we may have carried for a long time
Being fully present to our resources and strengths
Living our lives with dignity**

Systemic Constellation, developed by Bert Hellinger, is a process where we create the opportunity to gain insights into the hidden dynamics behind an issue. The Systemic Constellation process can be utilized for: **trauma, illness, pain, dreams, and issues around the workplace, relationship, money, creativity, addiction and more.** Constellation work helps us to restore the flow of love and harmony in our life and everything connected to us.

Everyone present in the circle will be able to experience the work and receive insights and healing.

In preparation for a constellation your question should be of a serious nature to you and not just one created out of curiosity, as change will occur for everyone concerned.

For more info: <http://www.youtube.com/watch?v=gSyTQMJfn2I>



Facilitator: Alexandra Luppold, co-creator, instructor and author, has **trained 2 years Systemic Constellation with Francesca M. Boring.** She is a Garden Mater, Reiki Master/Teacher, BodyTalk practitioner & Systemic Constellation Facilitator. She travels throughout Canada leading seminars and workshops.

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